



**AMHA**

American Morgan  
Horse Association

[www.morganhorse.com](http://www.morganhorse.com)

**FOR IMMEDIATE RELEASE**

Please contact:

Christina Koliander

[chris@morganhorse.com](mailto:chris@morganhorse.com)

(802) 985-4944 ext. 17

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**LOCAL EQUESTRIAN COMPETES IN NATIONAL CONTEST**

SHELBURNE, VT —The 2009 American Morgan Horse Association (AMHA) Youth of the Year Contest took place at this year's Grand National & World Championship Morgan Horse Show, held October 10-17 at the Oklahoma State Fairgrounds in Oklahoma City. Fifteen young women from across the country qualified at local and regional contests to compete for a month-long trip. Placing in the top ten at this year's contest was Lauren Bruss, 17, of Avon Lake, Ohio. Bruss earned a spot in the national contest by placing first in the qualifying contest at the KYOVA Morgan Horse Show.

The contestants participate in a rigorous four-part test throughout the course of two days. Included are a written exam, an oral presentation and interview, a ridden or driven horsemanship pattern, and a judging division with a reasons portion.

Bruss is a senior at Avon Lake High School and also takes classes at Lorain County Community College. She has been riding horses for nine years and plans to go to veterinary school.

"Though there is only one champion, it was obvious throughout the contest that each participant had dedicated a tremendous amount of energy, time, and enthusiasm to her performance," said Amanda Ryan, AMHA's Membership Services and Promotions Coordinator. "I am very proud of our Youth of the Year contestants and of the continued growth of this program brought about by the hard work and dedication of so many volunteers, sponsors, and alumnae of the program." The winner's trip is generously sponsored by the Cynthia Elaine Epperson Trust.

Each year, dozens of youth contests are held across the country, hosted by horse shows, state Morgan clubs, and local youth groups. The Youth of the Year program offers participants an opportunity to improve his or her skills in the area of horsemanship, sportsmanship, public speaking, decision-making, and judging. The senior (age 14-21) winner of a local contest qualifies to compete in the Youth of the Year Finals, held each year at the Grand National & World Championship Morgan Horse Show. The winner of this prestigious title receives a month-long trip, during which he or she acts as an ambassador for the Morgan breed.

Founded in 1909, the American Morgan Horse Association is a non-profit organization serving more than 50,000 Morgan horse owners, breeders, exhibitors, and enthusiasts throughout the United States. AMHA serves as a parent organization to more than 100 recognized Morgan horse clubs and national service organizations.

You can learn more about AMHA at [www.morganhorse.com](http://www.morganhorse.com).